

# Live

Learning  
Inspiring  
Voyaging  
Educating



# Love

Live  
Our  
Values  
Everyday

# Staverton CE Primary School Newsletter

December 2023

"Above all be loving, this ties everything together perfectly"

Colossians 3:14

**Responsibility; Friendship; Honesty; Compassion; Respect; Perseverance**

Dear Parents/Carers,

What a busy few weeks we have had at Staverton Primary School!

It was great to take Roses and Sunflowers to Abington Park Museum where Roses looked at Egyptian artefacts and Sunflowers had the opportunity to play with toys throughout the decades. Bluebells also enjoyed a day trip to the Ashmolean Museum to experience an Ancient Greek workshop. Poppies continue to love going out every Tuesday afternoon for Tuesday Trekkers. All the children are an absolute credit to our school when they are out and about.

We had a wonderful evening in Northampton with the children in Roses' class when we joined the spectacular Diwali lantern procession. We saw breathtaking giant puppets including Harminder the elephant and Shanti the giant bird and of course the children got to parade with their Diwali lanterns they made in school.

The children had a wonderful afternoon this term exploring our school's vision 'Above all be loving, this ties everything together perfectly'. We talked about love being a 'verb' and shared what love means for the children. Please see the giant heart displayed with all the children's thoughts in the entrance to our school.

We had a wonderful brass recital from NMPAT the other week and this has inspired children to learn to play a new musical instrument which is fantastic!

Thank you to everyone who joined us for our Learning in Action this week – we hope you enjoyed being with your children in the classroom and joining in with their learning.

With all good wishes,

Ruth Nelmes

Headteacher

## Music:

**Tuesday**

Guitar lessons

**Wednesday**

Violin lessons

**Thursday**

Piano / Keyboard lessons

Starting soon : Brass lessons

## Values

Our value next half term is

**Honesty**

We are looking forward to our new  
Worship Leaders leading Collective  
Worship this half term.

## Clubs

**Monday**

Years 2,3,4,5 & 6 Football  
(3:15-4:15 - Mr Canning)

**Tuesday**

Years 2, 3,4,5 & 6 Dodgeball  
(3:15-4:15 - Mr Canning)

**Wednesday**

KS1 & KS2 Gymnastics  
(3:15 – 4:15 - GLK Coaching)

**Thursday**

KS2 Tag Rugby  
(3:15-4:15 – Mrs Clark)

**Congratulations to all  
the children who were  
Stars of the Week this  
month!**

## Dates for the diary:

**6 December** – Flu Immunisations

**12 December** – Touring Theatre Peter Pan  
AND Christmas Jumper Day

### Poppies' and Sunflowers' Nativity

**11<sup>th</sup> December** ~ Nativity Dress rehearsal (children only)

**13<sup>th</sup> December** – 1:30 pm – maximum of 3 adults for  
every family – if you need more tickets, please contact the  
school office.

**14<sup>th</sup> December** – 6:00 pm – maximum of 3 adults for  
every family – if you need more tickets, please contact the  
school office.

**14<sup>th</sup> December** – 1:30 pm Church Service  
Everyone welcome

**15<sup>th</sup> December** – party day – wear party clothes

**20<sup>th</sup> December** – LAST DAY OF TERM

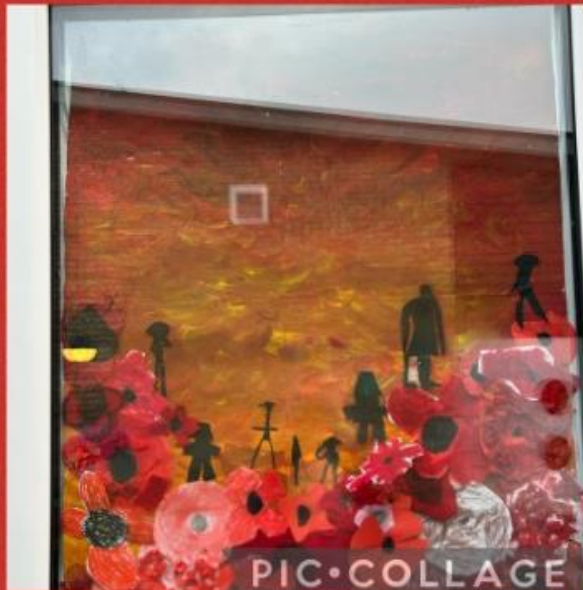
## Birthday Corner:

Wishing the following children a very  
Happy Birthday!

Chloe, Poppy, Phoebe, Seb, Romeo, Grace,  
Maxwell, Teddy, Scarlett and Sophia  
AND

Gracie, Maddie, Lottie C, Ava, Chase, Elias,  
Georgie, Isla O and Tom S





The children  
created wonderful  
art-work to  
commemorate  
Remembrance  
Day.

# Mental Health Support Teams at Staverton Primary School

## Key Information

The MHST offers CBT informed interventions and robust clinical supervision is offered to all practitioners within the team.

Informed consent will be required from children, young people and parent/carers

All interventions will be recorded on SystemOne, which is our health electronic record system

All MHST staff have enhanced DBS checks

## What does the MHST do?

1:1 interventions and group work on:

- Low Mood
- Anxiety

Workshops on:

- Managing Worries
- Managing Emotions
- Sleep Management
- Managing Exam Stress
- Managing Transitions

Parent workshops on:

- Understanding my child's worries
- Talking to my child about mental health
- Supporting behaviour

Staff training on:

- Understanding and supporting anxiety in the classroom
- Understanding and supporting low mood in the classroom
- Managing staff well-being



# MENTAL HEALTH SUPPORT TEAM

You can contact the MHST through your schools Mental Health Lead



## Who are we?

Mental Health Support Teams (MHSTs) have been created to offer early intervention, low intensity, mental health support within schools for children and young people with mild to moderate mental health difficulties.

The MHST will also support the Mental Health Lead in each education setting to introduce and develop their Whole School Approach.

The MHST will also offer support and advice to education setting staff to identify the most appropriate services for their need and help liaise with other appropriate services.

## The EMHP role

Education Mental Health Practitioners (EMHPs) have a clear criteria to support low level (low intensity) mental health needs such as low mood, anxiety and phobias.

EMHPs are able to provide assessments, evidence based individual and group pupil work, shared decision making with pupils, family parenting groups, onward signposting to other teams and services and whole school projects.

1:1 work is a key aspect of the EMHP role. Weekly intervention sessions are approximately 30-40 minutes long and last 4-8 sessions.



## How did MHSTs come about?

The purpose of the MHST is to improve the mental health and wellbeing of children and young people and is driven by the Green Paper 'Transforming Children and Young People's Mental Health Provision' ([www.gov.uk](http://www.gov.uk)).

In Northamptonshire, we currently have 5 MHSTs across the county. Each team works with a range of infant, junior, primary and secondary schools, as well as colleges.

Referrals are made via the school's identified Mental Health Lead. Work will then commence in the education setting, enabling young people to access support in a safe and familiar environment.



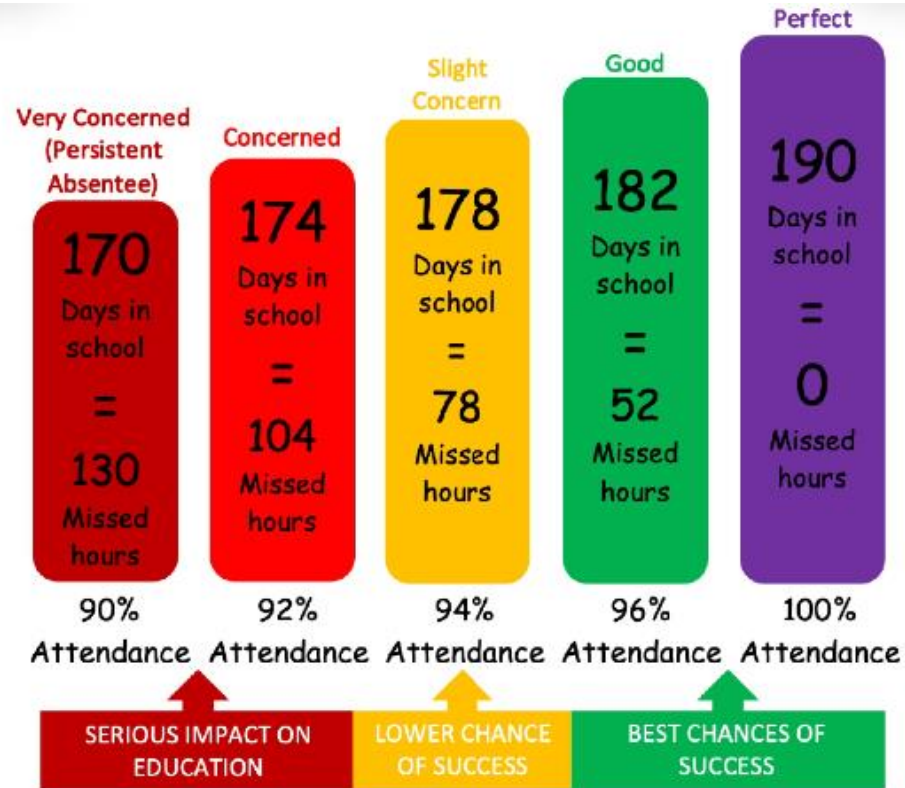
Thank you to NMPAT for a fabulous morning of music. This performance has inspired children to learn a new musical instrument which is fantastic!





**We raised £180 for  
Children in Need -  
thank you for your  
kind donations.**





### Did you know?

When children attend school they:

- Can achieve their full potential
- Have better career prospects
- Learn how to look after themselves
- Learn how to be healthy
- Grow in confidence
- Keep up with work and homework
- Make new friends

A two-week holiday in term-time means the **highest** attendance your child can get is **94.7%**. This is 65 hours of missed school time.

# Attendance Matters

# E-safety checklist to keep children safe online.

Setting up devices for children will help them get the best out of their digital experiences. Use this e-safety checklist to get started.

## Set Up Safe Checklist

internet  
matters.org

Set your child up for online safety with these simple tasks

### Manage broadband & mobile networks



At home, access your broadband network and set applicable controls.



On the go, set up controls on the relevant mobile network.

See step-by-step guides to help

### Prepare their device



Explore the device controls and settings to set limits on inappropriate content, screen time, spending and more.



Download and install the apps and games you're okay with your child using.



Set up controls in these apps and games to help keep your child safe while they play, browse or chat.



Install or set up additional parental control apps for further protection.

Explore step-by-step guides for social media and video gaming

### Talk & learn regularly

Together, learn about online safety issues that might impact your child.

Together, explore privacy and safety settings on their favourite platforms.

Ask them to teach you about their favourite online platforms to create an open environment for conversation.

Keep these conversations going for continuous support.



Visit [internetmatters.org](https://internetmatters.org) for more advice

[InternetMatters](https://www.facebook.com/InternetMatters)  
 [@im\\_org](https://twitter.com/im_org)

[@InternetMatters](https://www.instagram.com/InternetMatters)  
 [Internet Matters Ltd](https://www.youtube.com/InternetMattersLtd)

[@internetmattersorg](mailto:info@internetmatters.org)  
 [@InternetMatters.org](https://www.internetmatters.org)

# Poppies

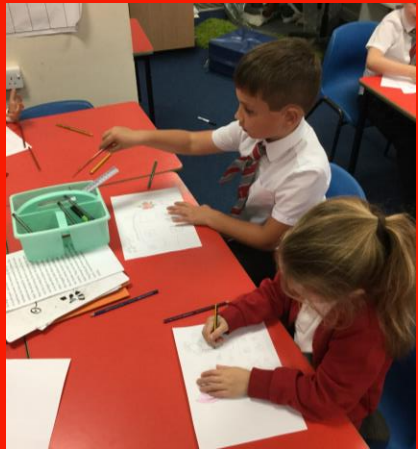
Poppies have had a great term exploring 'Brilliant Beasts'. We started with the discovery of eggs and giant footprints which we believe belonged to dinosaurs. We measured the footprints and found that we could fit 16 of our shoes in just one footprint! We have enjoyed reading the story 'Never let a diplodocus draw' and managed to create our own collage dinosaurs. We also rescued dinosaurs that were trapped in frozen eggs by using salt to speed up the melting.



More recently, we have been learning about different types of animals including farm and wild animals. We have our very own pet snails which we have been watching grow and have enjoyed feeding them with salad and leaves from our garden. We are now going to write to Father Christmas in the hope that he is going to bring us our very own class pet.







# Sunflowers

Sunflowers have had another fabulous term! They have been working really hard and have been learning lots of amazing new things. We especially enjoyed our trip to Abington Park Museum, where the children got to explore the history of toys. Sunflowers class has also loved delving into our Geography unit this term, learning about the UK. In English, the children have written some amazing adventure stories linked to our text, The Tunnel. We are now looking forward to writing our non-chronological report about England. In Maths, the children have been working really hard on their addition and subtraction knowledge. We were also very fortunate to have the NMPAT brass band come and perform for us. Sunflowers and Poppies have loved practising their nativity this last week and cannot wait to share it with everyone soon!





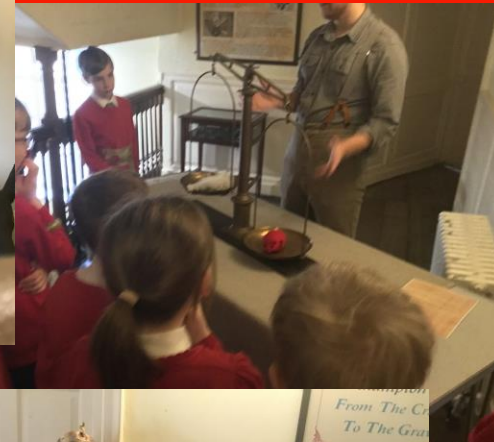
# Roses

Roses' have had another busy term, working incredibly hard and displaying our school values.

Our Ancient Egyptian topic is now coming to an end and the children have learnt so much. They really enjoyed the visit to Abington park museum where they acted out the 'opening of the mouth' ceremony. We have made our own version of papyrus and used this to create scrolls and alongside this, we have found out all about Howard Carter, Tutankhamun and Cleopatra!

In English, the children have written some fantastic adventure stories linked to Ancient Egypt too!

Thank you to everyone who attended the Diwali parade, it was a lovely evening, and the lanterns looks amazing!





# Bluebells



Bluebells have had a fantastic November. We have greatly enjoyed reading our class text: Impossible Creatures by Katherine Rundell and the children have just completed an adventure story based on one of the monsters that the story's main characters survived – a kraken. In maths we have been exploring fractions and learning how to add, subtract and simplify different types of fractions. This term we have continued on our learning about Ancient Greece and greatly enjoyed our trip to The Ashmolean Museum in Oxford – many thanks to FOSS who provided the funds for our coach. At the museum we took part in an Olympic workshop, finding out about how the Olympics games started in Athens and why they were such an important part of the culture. A super term Bluebells. Well done and keep up the hard work.



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everything together perfectly"

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